

# **NORTHWESTERN MEDICINE'S IBD MASTERCLASS CME SYMPOSIUM**

**FRIDAY, MAY 5, 2023**  
8:00 am to 4:00 pm

**Hyatt Centric Chicago Magnificent Mile**  
633 N. St. Clair St.  
Chicago, IL

*Sponsored by the Northwestern Medicine Digestive Health Center  
and Northwestern University Feinberg School of Medicine*

# Northwestern Medicine's IBD Masterclass CME Symposium

**COURSE DIRECTORS:** Parambir S. Dulai, MD and Eugene F. Yen, MD, MBA, FACP, AGAF

Inflammatory Bowel Disease (IBD) is a chronic disorder of the intestinal tract affecting an estimated 1.4 million Americans. Over the past decade, the field of IBD has changed dramatically. We are excited to welcome you to our high-level program offering participants the opportunity to hear from expert clinician leaders from the Northwestern Medicine Digestive Health Center on the multiple therapeutic options available to treat inflammatory bowel disease (IBD).

## PROGRAM OBJECTIVES

After attending this educational activity, participants should be able to:

1. Identify and discuss new advances in IBD treatment.
2. Review the current standard of care for Crohn's disease and ulcerative colitis and discuss new recommendations for care.
3. Explain perioperative management from a nutrition and medication perspective.
4. Utilize appropriate therapy options for IBD patients.

## Program Course Directors

### **Parambir S. Dulai, MD**

*Director, GI Clinical Trials  
and Precision Medicine  
Associate Professor of Medicine,  
Gastroenterology and Hepatology  
Northwestern University  
Feinberg School of Medicine*

### **Eugene F. Yen, MD, MBA, FACP, AGAF**

*Digestive Health Center Director,  
North and Northwest Regions  
Inflammatory Bowel Disease Center  
Northwestern Medicine  
Associate Professor of Medicine,  
Gastroenterology and Hepatology  
Northwestern University  
Feinberg School of Medicine*

# Invited Faculty

**Edward L. Barnes, MD, MPH**

*Assistant Professor of Medicine,  
Gastroenterology and Hepatology  
Associate Fellowship Program Director  
UNC School of Medicine*

**Aline Charabaty, MD**

*Assistant Professor of Medicine  
Johns Hopkins School of Medicine  
Clinical Director of the Inflammatory  
Bowel Disease Center  
Johns Hopkins - Sibley Memorial Hospital,  
Washington, DC*

**Jami Kinnucan, MD, FACP, AGAF**

*Senior Associate Consultant,  
Gastroenterology and Hepatology  
Mayo Clinic – Jacksonville, FL*

**Gursimran S. Kochhar, MD, FACP, CNSC**

*Division Chief and Director,  
Interventional Endoscopy  
Allegheny Health Network,  
Pittsburgh, PA  
Assistant Professor Medicine,  
Gastroenterology, Hepatology & Nutrition  
Drexel University*

**Amy Lightner, MD**

*Associate Professor of Surgery*

# Northwestern Faculty

**Harold J. Boulté Jr., MD**

*Assistant Professor of Medicine,  
Gastroenterology and Hepatology  
Northwestern University  
Feinberg School of Medicine*

**Stephen B. Hanauer, MD**

*Medical Director  
Northwestern Medicine  
Digestive Health Center  
Professor of Medicine,  
Gastroenterology and Hepatology  
Northwestern University  
Feinberg School of Medicine*

**Vitaliy Poylin, MD, MBA, FACS,  
FASCRS**

*Director, Section of Colon  
and Rectal Surgery  
Northwestern Medical Group  
Associate Professor of Surgery  
Northwestern University  
Feinberg School of Medicine*

**Scott A. Strong, MD**

*Vice Chair for Clinical Affairs, Department  
of Surgery  
Chief of Gastrointestinal Surgery,  
Department of Surgery  
James R. Hines, MD, Professor of Surgery,  
Gastrointestinal  
Northwestern University  
Feinberg School of Medicine*

# Agenda

## Friday, May 5, 2023

**8:00 am** Continental Breakfast and Registration

<b>9:00 am</b>	<b>Welcome</b>
<b>9:15 am</b>	<b>Navigating IBD Therapies and Guidelines: Positioning Biologics and Small Molecules in IBD</b> <i>Parambir S. Dulai, MD</i>
<b>9:45 am</b>	<b>Treatment Targets in IBD: an Overview of Recommended Disease Monitoring</b> <i>Stephen B. Hanauer, MD</i>
<b>10:15 am</b>	<b>De-escalation of Treatment in IBD: When to Consider Decreased or Discontinuation of Biologics and Small Molecules</b> <i>Jami Kinnucan, MD, FACP, AGAF</i>
<b>10:45 am</b>	<b>Break</b>
<b>11:00 am</b>	<b>Is it Time to Call a Surgeon? Balancing Medical and Surgical Treatment in Inflammatory Bowel Disease</b> <i>Amy Lightner, MD</i>
<b>11:30 am</b>	<b>All Things Pouch - Outcomes and Management of Pouchitis and Pouch-related Disorders</b> <i>Edward L. Barnes, MD, MPH</i>
<b>12:00 pm</b>	<b>Lunch</b>
<b>12:45 pm</b>	<b>Stay Involved Around Surgery: Management of Medications and Nutrition in the Perioperative Setting</b> <i>Harold J. Boulté Jr., MD</i>
<b>1:15 pm</b>	<b>Management of Crohn's Disease Strictures from a Medical, Endoscopic and Surgical Perspective</b> <i>Aline Charabaty, MD</i>
<b>1:45 pm</b>	<b>Treatment of Ileal Crohn's Disease - the Surgeon's Perspective</b> <i>Vitaliy Poylin, MD, MBA, FACS, FASCRS</i>
<b>2:15 pm</b>	<b>Break</b>
<b>2:30 pm</b>	<b>Endoscopic Therapies for IBD Complications</b> <i>Gursimran S. Kochhar, MD, FACP, CNSC</i>
<b>3:00 pm</b>	<b>Atypical IBDs in Practice - Lymphocytic, Collagenous, Eosinophilic, Medications and Diverticular</b> <i>Eugene F. Yen, MD, MBA, FACP, AGAF</i>
<b>3:30 pm</b>	<b>The Future of Surgery in Inflammatory Bowel Disease</b> <i>Scott A. Strong, MD</i>
<b>4:00 pm</b>	<b>Closing Comments and Adjournment</b>

**6:00 pm** Offsite Reception

Woodwind • 259 E. Erie Street, 18th Floor (In Lavin Pavilion of Northwestern Memorial Hospital)





### Audience

This program is appropriate for gastroenterologists, APPs, nurses and other allied healthcare professionals caring for patients with IBD.

### Program Location

The program will be held at the **Hyatt Centric Chicago Magnificent Mile**. The Hyatt Centric Mag Mile is in the heart of the bustling downtown district. Popular and nearby attractions include the Chicago Riverwalk, Grant Park, Millennium Park, Navy Pier and the Magnificent Mile, Chicago's premier shopping area. For a listing of all Chicago has to offer, visit [choosechicago.com](https://www.choosechicago.com). If you are visiting from out-of-state, downtown Chicago is conveniently located less than 20 miles from each Chicago O'Hare International Airport (ORD) and Chicago Midway International Airport (MDW). The Hyatt Centric Mag Mile is less than 4 miles from McCormick Place Convention Center, the location of DDW 2023.

### Hotel Accommodations

The Hyatt Centric Chicago Magnificent Mile offers a discounted room rate for both one- and two-night stays arriving May 4th. Please use [this specific link](#) for the discounted rate.

### Parking

Discounted day and overnight parking will be available at the Hyatt Centric Mag Mile. Day-of event parking is \$25.00 per car. Overnight parking is \$65 per car with in/out privileges.

### Registration Fees

Attending physician: \$40

APP, RN or tech: \$20

Trainee, student or Northwestern faculty/employee: \$0

Breakfast, refreshments, lunch and offsite reception are provided. Space is limited. No refunds will be issued after **Friday, April 14.**

### Registration Procedure

To register online, please visit [here](#). If paying with check, please mail your check, made payable to **Northwestern Memorial Hospital (CME)**, to the address listed below, prior to **Friday, April 14.**

### Sarah Praski

C/o Northwestern Memorial HealthCare  
541 N. Fairbanks Court, Suite 950-Office 963  
Chicago, IL 60611

### Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation Statement

The Northwestern University Feinberg School of Medicine designates this educational activity for a maximum of *5.5 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# Northwestern Medicine's IBD Masterclass CME Symposium

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## Registration Form

Online registration can be found at <https://northwestern.cloud-cme.com/>.

### How to Register

 **ONLINE:** <https://northwestern.cloud-cme.com/>

 **OR MAIL** with check (payable to Northwestern Memorial Hospital (CME))

Sarah Praski  
c/o Northwestern Memorial HealthCare  
541 N. Fairbanks Court  
Suite 950-Office 963  
Chicago, IL 60611

### For Questions:

**Email:** [sbaggs@nm.org](mailto:sbaggs@nm.org)

**Phone:** 312.926.7975

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### Please Type or Print

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

☐ Attending Physician (\$40)    ☐ APP, RN or tech (\$20)    ☐ Trainee, student or Northwestern faculty/employee (\$0)

Title \_\_\_\_\_

Specialty \_\_\_\_\_

Subspecialty \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Email (Required) \_\_\_\_\_

*Your registration confirmation will be emailed*

Special Dietary Requirements \_\_\_\_\_

*Advance notification required*

Disability Accommodations \_\_\_\_\_

*Please advise us of your needs*

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### How did you hear about our program?

☐ Brochure    ☐ Email    ☐ Website    ☐ Word of Mouth    ☐ Previous Attendee